"Know thyself."
Socrates

What is it like to be the person you are now, at the age you are now? Write about who you are today.

Getting started

Choose from the questions below to help you write:

2. How are you like other people your age? How are you different?
3. What is the most unusual thing about you?
4. What or who influences you the most at this point in your life? Why?
5. What disturbs you?
6. What makes you happy?
7. What do you value?
"Take time every day to do something silly."

Philipa Walker

Young people today live lives very different from young people of yesterday or young people of tomorrow. Describe everyday life in your world today. As you write, you will be recording history, so write with honesty.

Imagine someone fifty years from now finding what you have written. How interesting it will be for them to read about your world. And imagine what fun it will be for you — a gray-haired man or woman — to read about your own life in “the good old days.”

Getting started

Choose from the questions below to help you write:

1. Describe what is “in” with you and your friends. What music do you like? What dances, television shows, movies, videos, etc., do you enjoy?
2. What is definitely not “in” with you and your friends?
3. Describe the fashions that you and your friends wear. Describe the hairstyles.
4. Describe a typical school day for you. What happens? What do you enjoy? What do you dislike? Is school important to you? Why or why not?
5. What are the conflicts, hassles and stresses in your life? Describe them. What do you do about them — or what are you going to do?
6. What do you do when you are not in school? Describe a typical weekday evening, a typical Saturday and a typical Sunday.
7. What activities are you involved in, other than school? Do you belong to clubs or organizations? Do you have a part-time job? Do you enjoy any hobbies? Are you active in church groups? Do you participate in sports?
8. Describe young people of the opposite sex, in your view. What are they like? What do you like about them? What do you dislike?
9. Do you go on dates? If so, where do you usually go? Do you remember any date especially well? Why?